**Getting Started**

**WEEK 1**
- Tell your child to take Sucraid® (sacrosidase) before each meal and snack as prescribed by your doctor.
- During the next four weeks, keep a record of how your child eats and any gastrointestinal (GI) symptoms exhibited.
- You may continue any of your child’s usual diet or choose to use a specialized diet/dietitian/nutritionist (SDDN) to help plan a healthy diet that is right for your child.

**WEEK 2**
- If your child’s symptoms do not improve, consider other dietary changes needed.
- If your child is not having improvement, consider cutting out some high-starch foods from your child’s diet.
- Tip: Limit starch intake to one serving (a quarter of a cup) per meal or half the amount usually eaten.

**WEEK 3**
- If your child’s symptoms do not improve, consider cutting out some high-starch foods from your child’s diet.
- Tip: In general, add only one new food every three days to be sure it is well tolerated.

**WEEK 4**
- If your child continues to experience any lingering GI symptoms or if your child’s symptoms return at any point, contact the dietitian at One Patient Services to review your child’s food intake and symptom journal. See blue flap for contact info.

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**Foods High in Starch**

<table>
<thead>
<tr>
<th>STARCHY VEGETABLES</th>
<th>WHOLE GRAINS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spinach, corn, green beans</td>
<td>Brown rice, whole wheat bread</td>
</tr>
<tr>
<td>Potatoes</td>
<td>Whole grain bread, crackers, pasta</td>
</tr>
<tr>
<td>Green peas</td>
<td>Whole grain bread, crackers, pasta</td>
</tr>
<tr>
<td>Red flag foods</td>
<td></td>
</tr>
</tbody>
</table>

**Red Flag Foods (Foods High in Sucrose)**

<table>
<thead>
<tr>
<th>FRUIT</th>
<th>VEGETABLES</th>
<th>DAIRY</th>
<th>BAKED AND PROCESSED FOODS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apples</td>
<td>Pineapple</td>
<td>Milk</td>
<td>Breakfast cereals</td>
</tr>
<tr>
<td>Apricots</td>
<td>Tomatoes</td>
<td>Ice cream</td>
<td>Granola bars</td>
</tr>
<tr>
<td>Oranges</td>
<td>Corn</td>
<td>Yogurt</td>
<td>Muffins</td>
</tr>
<tr>
<td>Mango</td>
<td>Carrots</td>
<td>Cheese</td>
<td>Cookies</td>
</tr>
<tr>
<td>Nectarine</td>
<td>Potatoes</td>
<td>Cookies</td>
<td>Brownies</td>
</tr>
<tr>
<td>Banana</td>
<td>Parboiled rice</td>
<td>Cookies</td>
<td>Sandwiches</td>
</tr>
<tr>
<td>Date</td>
<td>Spinach</td>
<td>Granola bars</td>
<td>Pudding</td>
</tr>
<tr>
<td>Date sugar</td>
<td>Broccoli</td>
<td>Granola bars</td>
<td>Pie</td>
</tr>
<tr>
<td>Brown sugar</td>
<td>Jicama</td>
<td>Granola bars</td>
<td>Brownies</td>
</tr>
<tr>
<td>Cane sugar/syrup</td>
<td>Lima beans</td>
<td>Granola bars</td>
<td>Pie</td>
</tr>
<tr>
<td>Powdered sugar</td>
<td>Dates</td>
<td>Granola bars</td>
<td>Sherbet</td>
</tr>
<tr>
<td>Date</td>
<td>Sweet potatoes</td>
<td>Granola bars</td>
<td>Sorbet</td>
</tr>
<tr>
<td>Date</td>
<td>Dates</td>
<td>Granola bars</td>
<td>Jell-o</td>
</tr>
<tr>
<td>Date</td>
<td>Dates</td>
<td>Granola bars</td>
<td>Gelatin</td>
</tr>
<tr>
<td>Date</td>
<td>Dates</td>
<td>Granola bars</td>
<td>Popsicles</td>
</tr>
</tbody>
</table>

**Sweeteners and Ingredients**

- Sucrose (table sugar)
- Maltose
- Maltodextrin
- Corn syrup
- Glucose
- High-fructose corn syrup
- Sucralose
- Stevia
- Aspartame

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**ADDITIONAL IMPORTANT SAFETY INFORMATION**

- Tell your doctor if you have diabetes, as your blood glucose levels may change if you begin taking Sucraid. Your doctor will tell you if your diet or diabetes medicines need to be changed.
- Some patients treated with Sucraid may have worse abdominal pain, vomiting, nausea, or diarrhea. Constipation, difficulty sleeping, headache, nervousness, and dehydration have also occurred in patients treated with Sucraid. Check with your doctor if you notice these or other side effects.
- NEVER HEAT SUCRAID OR PUT IT IN WARM OR HOT BEVERAGES OR INFANT FORMULA. Do not mix Sucraid with fruit juice or take it with fruit juice. Take Sucraid as prescribed by your doctor. Normally, half of the dose of Sucraid is taken before a meal or snack and the other half is taken during the meal or snack.

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**HELPFUL INFORMATION FOR PATIENTS**

**Drug Information**

Information about Sucraid® (sacrosidase)

Oral Solution can be found at: [Sucraid.com](http://Sucraid.com)

**To Order Product**

To order product, contact U.S. Bioservices

Phone: 1-833-800-0162
Fax: 1-866-850-1155

usbioservices.com

**Diet Information**

FREE nutritional and dietary support is available to all patients.

Contact Anne Boney, Registered Dietitian, 1-800-705-1962
aboney@onepatientservices.com

**Daily Living**

To talk to a Peer Coach, contact Brandi Rabhon.

1-704-692-1634 or brabon@onepatientservices.com

SucraidASSIST.com

Product updates, access, and support services

CSIDcares.org

Disease and diet information for patients and caregivers

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**SucraidASSIST™**

Patient Assistance Programs

Main: 1-800-705-1962  •  Fax: 1-866-777-7097

sucraid@onepatientservices.com

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*Sweetened with sucrose. Bold is especially high in sucrose.*
What is CSID?

If your child has been diagnosed with Congenital Sucrase-Isomaltase Deficiency (CSID), his/her body is not making enough of the digestive enzymes, sucrase or isomaltase. Without sucrase, your child cannot digest sucrose (table sugar). Without isomaltase, your child may have difficulty digesting starch. When starch and sucrose are not well digested, they can cause gastrointestinal (GI) symptoms like diarrhea, abdominal pain, and gas and bloating, and, over time, may lead to poor weight gain, weight loss, and/or stunting. Other reported symptoms may include reflux and constipation.

Tell Me About Sucraid®

Sucraid® (sacrosidase) Oral Solution is a FDA-approved enzyme replacement for sucrose to aid in the digestion of sucrose in patients with diagnosed CSID.

### Sucraid Dosing

**Sucraid® (sacrosidase) Oral Solution**

**INDICATION**

Sucraid® (sacrosidase) Oral Solution is indicated as oral replacement therapy of the remaining half way through the meal or snack.

### Do I Need to Change My Child’s Diet?*

Before making any changes to your child’s diet, it is important to speak with your child’s healthcare provider, especially if your child is underweight or not gaining weight as expected.

**Diets are specific to each child and depend on many factors, such as:**

- **How much sucrose and starch your child is currently eating**
- **If your child is meeting age-level growth milestones**
- **If your child has any other health issues that require a special diet**
- **If your child has developed any feeding aversions, or is on a supplemental formula, or has a feeding tube**
- **How well your child digests enzymes and gastrointestional (GI) tract are working**
- **Some children may be able to continue their current diet when initiating Sucraid therapy.**
- **Other children may need to cut back foods high in starch in their diet for a period of time.**
- **Other children may need to eliminate sucrose and starch from their diet initially and then gradually add foods back to the diet to determine which foods are tolerated and which foods cause GI symptoms. This type of diet plan should only be undertaken under the guidance of your child’s healthcare provider or a registered dietitian/nutritionist.**

**Note:** Minerals and vitamin supplements may be needed to meet all of your child’s nutritional needs.

*See “Getting Started”*

### INDIICATION

Sucraid® (sacrosidase) Oral Solution is an enzyme replacement therapy for the treatment of genetically determined sucrase deficiency, which is part of congenital sucrose-isoamaltase deficiency (CSID).

### IMPORTANT SAFETY INFORMATION FOR SUCRAID® (SACROSIDASE) ORAL SOLUTION

**Tell your doctor if you are allergic to:**

- have ever had a reaction to, or have ever had difficulty taking yeast, yeast products, papain, or glycercin (glycerol).

**Sucraid® may cause a serious allergic reaction. If you notice any swelling or have difficulty breathing, get emergency help right away.**

**Sucraid does not break down some sugars that come from the digestion of starch. You may need to restrict the amount of starch in your diet. Your doctor will tell you if you should restrict starch in your diet.**

**Please see additional important Safety Information on Getting Started page and in enclosed full Prescribing Information.**

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**Sucraid®** (sacrosidase) Oral Solution is a FDA-approved enzyme replacement for sucrose to aid in the digestion of sucrose in patients with diagnosed CSID.

**Sucraid®** (sacrosidase) Oral Solution provides specific replacement therapy for the deficient isomaltase. Therefore, **Sucraid®** (sacrosidase) Oral Solution is indicated as oral replacement therapy of the remaining half way through the meal or snack.

**Sucraid®** (sacrosidase) Oral Solution helps to reduce abdominal pain, bloating, and gas. It may also help with weight gain and promote growth in children.